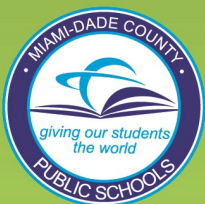


SAVES Program



February 2023—First Edition

MIAMI DADE COUNTY PUBLIC SCHOOLS



Growing expertise as a Nutritionist with SAVES

Ms. Colas was born in Haiti. She immigrated to the United States with her parents when she was 18 years old. The transition of leaving her family, friends and country was challenging, but Ms. Colas knew this move would improve her life, so she embarked on the journey.

Ms. Colas' successful story began at Lindsey Hopkins Technical College, where she enrolled in English acquisition courses. The SAVES program paid for her tuition and books as her father encouraged her to continue. She later became interested in the Billing and Coding program and completed it. Shortly after, she began working at Mercy Hospital and as she mastered the work, she transitioned to an interest in Nutrition Services. Quite immediately, she returned to Lindsey Hopkins and enrolled in the Nutrition & Dietetic Clerk Course. As before, the SAVES program continued paying for her tuition, fees, books, uniform and even bus passes for public transportation. Ms. Colas was impressed by the inspiration and encouragement from her teacher, Ms. Nura Gonzalez, which led her to earn her Certificate of program completion.

Ms. Colas is now the new and current Nutrition and Dietetic Clerk course instructor at Lindsey Hopkins Technical College. She is now in a role that shapes the lives of students in the same way she changed her life.

